



**THE CLUB**  
AT THE CLAREMONT

# AQUATICS PROGRAM



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		8:00am-8:45am AQUA FIT 2 lanes (Main Pool)		8:00am-8:45am AQUA FIT 2 lanes (Main Pool)	9:00am-9:45am AQUA FIT 3 lanes (Main Pool)	
10:00am-10:55am AQUA FIT 3 lanes (Main Pool)	10:00am-10:55am AQUA FIT 3 lanes (Main Pool)		10:00am-10:55am AQUA FIT 3 lanes (Main Pool)		9:00am-3:00pm SWIM LESSONS 1 Lane	9:00am-3:00pm SWIM LESSONS 1 Lane
11:00am-12:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)		11:00am-12:30pm ADULT STREAMLINERS 5 Lanes (Lap Pool)	11:00am-12:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)	11:00am-12:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)		
11:30am-12:30pm KID'S CLUB CAMP SWIMMERS (Main Pool)	11:30am-12:30pm KID'S CLUB CAMP SWIMMERS (Main Pool)	11:30am-12:30pm KID'S CLUB CAMP SWIMMERS (Main Pool)	11:30am-12:30pm KID'S CLUB CAMP SWIMMERS (Main Pool)	11:30am-12:30pm KID'S CLUB CAMP SWIMMERS (Main Pool)		
12:00pm-7:00pm SWIM LESSONS 5 Lanes (Lap Pool)	12:00pm-7:00pm SWIM LESSONS 5 Lanes (Lap Pool)	12:00pm-7:00pm SWIM LESSONS 5 Lanes (Lap Pool)	12:00pm-7:00pm SWIM LESSONS 5 Lanes (Lap Pool)	12:00pm-7:00pm SWIM LESSONS 5 Lanes (Lap Pool)	3:00pm-4:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	
4:00pm-6:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	4:00pm-6:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	4:00pm-6:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	4:00pm-6:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	4:00pm-6:00pm KIDS' STREAMLINERS 5 Lanes (Lap Pool)	4:00pm-5:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)	
6:00pm-7:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)		6:00pm-6:55pm AQUA FIT 1 Lane (Main Pool)				
		6:00pm-7:00pm ADULT STREAMLINERS 5 Lanes (Lap Pool)				

**PROGRAM LEGEND**

SWIM LESSONS
ADULT STREAMLINERS
KIDS STREAMLINERS
AQUA FIT (Main Pool)
KIDS' CLUB CAMP (Main Pool Recreational Area)